











OUTDOOR EDUCATION PROGRAMS

Season 2025/2026

### MISSION





Green Step Adventures is a Shanghai-based outdoor adventure company dedicated to serving children and adolescents flourish outdoors in a safe and inspiring setting. Our programs are designed to enhance social confidence, personal leadership and environmental awareness. We provide a rich learning experience in nature which includes activities such as trekking, camping, rock climbing, river rafting and many other engaging outdoor pursuits.

We take kids out of the city and into the heart of nature, embarking them on experiences that will leave them with a stronger sense of purpose, values and zest on their life journeys. Our activities help develop a deep respect for oneself, for others and for our natural environment.



### TEAM



#### Aleksandra Przybysz "Ola"

Ola is a professional rock climber with over 20 years of experience. She has been leading and running Green Step Adventures since 2014. She is passionate about outdoor education for children and strongly believes the world will be a better place if more young people from the cities can get into nature. Ola is a co-owner of the Climbing Factory, Shanghai's premier indoor climbing gym and of the one largest facilities of its kind in China. She has extensive experience managing a complex recreational business with a singular focus on safety.

Ola is also a certified UIAA climbing routes developer and is qualified in rope rescue and caving techniques. She holds a Master's Degree in Solid State Physics and a Post-graduate Degree in Agriculture. She is fully fluent in Chinese which she reads and writes.



#### Zhang Yi Zhen "Yak"

Yak is a pioneer rock climber in China. He was the founder and manager of the first-ever rock climbing in China. He is a principal owner and general manager of Climbing Factory in Shanghai and a lead promoter of the sport, building facilities in schools and organizing courses and competitions in the Shanghai region. He provides Green Step Adventures with full administrative and operational support. This allows Green Step to provide diverse and fully customizable programs including for large groups. Yak is a certified Sport Climbing Coach as well as a First Aid Responder.



#### **Andres Batista**

Andres is an experienced education business manager eager to promote the benefits and joy of climbing and outdoor pursuits to a greater population. He is an AMGA certified climbing wall instructor. He also holds a TESOL teaching certificate to complement outdoor instruction for non-native English speakers. Andres supports Ola and Yak with outreach to schools including the development of individualized climbing facilities in schools. Andres is originally a trained architect and holds degrees from some of America's most prestigious universities.

### PREVIOUS CLIENTS

- German School Shanghai Pudong
- German School Shanghai Puxi
- Western International School of Shanghai
- Shanghai American School
- Shanghai Dulwich College
- Shanghai French School
- Pinghe Bilingual School
- Harrow International School
- Shanghai GuCun Experimental School
- Shanghai WenlaiMiddle School
- Naked Discovery





### PROGRAM FOCUS





Many outdoor programs offer trips with physical challenges, so what sets Green Step apart?

As one of the oldest and most experienced providers of rock climbing activities in China, we bring unparalleled expertise, aspiration and safety focus to every program. But our uniqueness doesn't stop there—we go beyond traditional open-air pursuits by weaving all our experiences into one cohesive, immersive, and thrilling adventure.

At Green Step, we create opportunities for students to uncover and develop their hidden talents and skills through carefully designed activities. Our programs encourage independent thinking and active involvement, helping students gain insights into their strengths and potential as well as their weaknesses. They learn what holds them back, what they excel at, and what pushes them to grow.

At Green Step, we don't just take students on trips—we guide them on journeys of self-discovery and growth.

### STRONG POINTS

- Customizable Programs
- Roots in Climbing with a Fundamental Focus on safety
- Supportive and Nurturing Learning Environment
- Beautiful Natural Surroundings
- Environment Awareness and Protection
- Teamwork and Social Confidence
- Leadership and Character Development





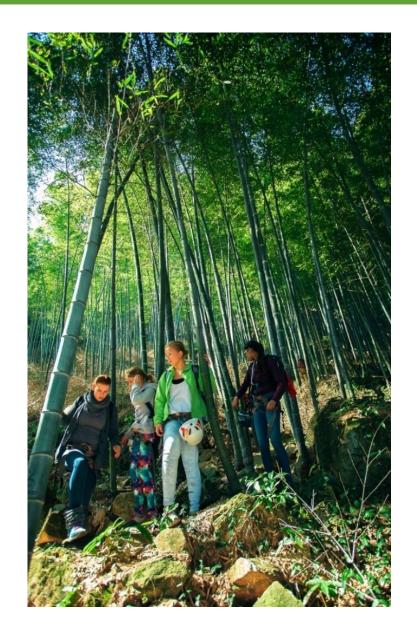
## LIN'AN ADVENTURE

#### 龙上村

Approximately three hours from Shanghai, near the town of Lin'an, lies the picturesque countryside village of LongShang. Renowned as one of the most outstanding outdoor destinations in the Yangtze River Delta, it offers a serene escape into nature. Surrounded by towering bamboo forests, the area is known as the "oxygen bar,, of the region for its uniquely healthy environment and natural beauty. With a broad choice of thrilling activities and, as an easy trip from Shanghai, this is our most popular destination.

Students can conveniently engage in many adventures, including rafting, trekking, camping, caving, climbing, and abseiling. Their experience is further enriched with creative team-building activities like cooking contests, night challenges, crafts, and games. The village itself is rich in local culture and opportunities.

A trip to Lin'An is an unforgettable opportunity for any student and relatively easy for Green Step to arrange with any school. We are intimately familiar with what the area has to offer. Exciting possibilities and beautiful settings abound. We know you will want to return.



## LIN'AN ADVENTURE

• Two to seven days of outdoor activities: trekking, camping, rock climbing, abseiling, water games, rafting, campfire cooking, night challenge, crafts and archery.

	Typical schedule for five days
Day 1	Meeting students at the school, travel to Baishuijin Park, wild water rafting, water games, team building activity
Day 2	bamboo forest trekking, camping, cooking on the fire
Day 3	Trekking, caving, nature study, rock climbing, abseiling, camping, cooking contest
Day 4	Water activities (if weather allows), crafts, night challenge, visiting Buddhist Temple
Day 5	Team building game, archery, finishing ceremony, returning to Shanghai

- Suggested Participants Age: Elementary, Middle School, High School.
- In Lin'an we can accommodate up to a hundred students. For teachers, we can provide hostel accommodation rather than camping.

# LIN'AN ADVENTURE











### CLIMBING FACTORY

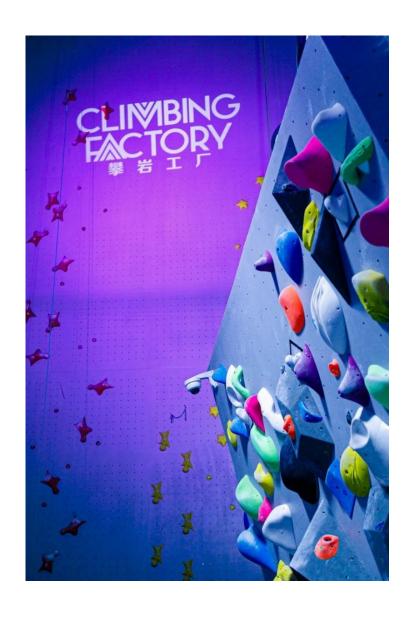
#### 攀岩工厂

Climbing Factory is one of the premier climbing gyms in Asia. Situated in an old factory in Shanghai's Baoshan District, it offers a variety of climbing activities, including rope climbing, bouldering, and rope ascending or rappelling. The Climbing Factory is surrounded by a large outdoor area, free from car traffic, where we organize activities such as orienteering games, camping with campfires, box climbing, slacklining, and archery. Our programs at Climbing Factory are excellent options for half day, full-day or two-day, one-night outdoor adventures.

Location: Shanghai city area

•Activities: Diverse and innovative indoor climbing sports and easy to reach outdoor pursuits

•Safety: Convenient and secure environment for groups of up to 200 people



### CLIMBING FACTORY

• We offer events from half a day to two days long with activities such as rock climbing, bouldering, box climbing, archery, slacklining, Extreme Play (zipline, trampoline park, high ropes, rollerblading), orienteering games with treasure hunt, crafts and camping.

	Typical schedule for two days
Day 1	Meeting at Climbing Factory Gym, team-building games, rock climbing session, box climbing and slacklining, camping with cooking on a stove and campfire
Day 2	Breakfast at the campground, climbing session, orienteering challenge with archery, extreme experience activities (ziplines, trampolines, etc.) or a visit of the Glass museum

- Suggested Participants Age: Elementary, Middle School, High School, Adults.
- We can accommodate up to 200 students

# CLIMBING FACTORY



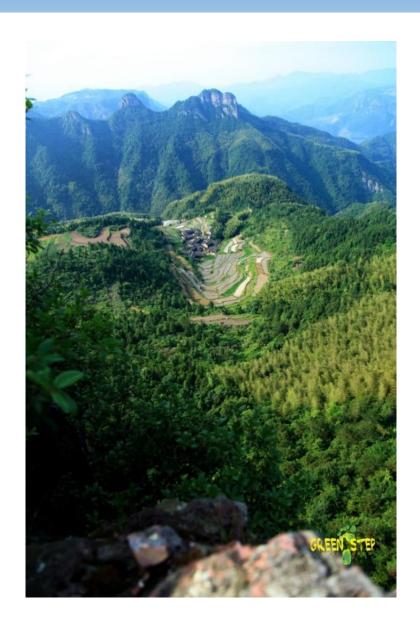






### XIANJU ADVENTURE

### 仙居村



A 5-hour drive from Shanghai, Xianju Village is a hidden gem of stunning beauty. Surrounded by lush natural forests and towering limestone formations, this picturesque location offers a unique escape in an authentic mountain setting.

The area nevertheless provides well-organized and comfortable accommodations as well as memorable local cuisine. Xianju is becoming a destination of national renown.

The highlight of the trip is a day of trekking to a secluded village nestled among stunning rice terraces and one of Zhejiang's most breathtaking spots.

The Xianju region is wilder and more mountainous than Ling'an and provides a deeper nature experience. We offer a typical choice of activities with an emphasis on more substantial pursuits such as longer day hikes, a peak ascent and/or specialized activities such as orienteering or raft building.

## XIANJU ADVENTURE

• Three to seven days of outdoor activities such as day long trekking, peak ascent, raft building and water games, rock climbing, abseiling, overnight stay in a mountain village, camping, campfire cooking, orienteering challenge and crafts.

	Typical schedule for five days
Day 1	Meeting with the students at the school, travelling to Xianju village, team building activity
Day 2	Raft building challenge, water games/pirates olympics, night challenge
Day 3	Rock climbing, rope swing, cooking contest
Day 4	Trekking to Gongyu Village, climbing to the mountain peak, camping with campfire
Day 5	Trekking, finishing ceremony, drive back to Shanghai

• Suggested Participants Age: Middle School, High School.

# XIANJU ADVENTURE











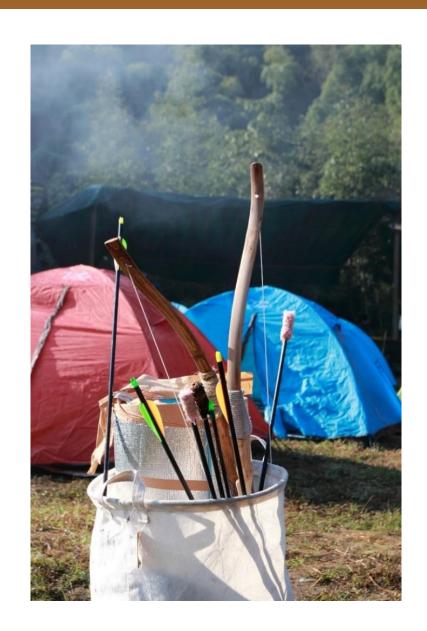
### COWBOY CITY ADVENTURE

#### 太湖牛仔风情度假村

Located in the Taihu Lake area (less than two hours away from Shanghai City Center) Cowboy Town Park allows kids to take part in themed activities from the mythical steppes and frontier lands.

Our young cowboys will have the opportunity to experience horseback riding, enjoy a thrilling cowboy show, and challenge themselves with other exciting activities such as archery, open-fire cooking and campfire cooking. Participants aim to earn the honor of becoming a cowboy, receiving their very own cowboy hat and badge of recognition.

We have run programs at Cowboy City for many years and we can arrange single-day or multi-day events. We can combine the programs there with other fun pursuits around Taihu Lake.



### **COWBOY CITY ADVENTURE**

• One to five days of outdoor activities including horse back riding, campfire life, camping, rock climbing, initiative games, kayaking and visiting Suzhou old town.

	Typical schedule for four days
Day 1	Meeting students at the school, transport to Cowboy City, visiting stables and Cowboy City, team building game, cowboy dances
Day 2	Orienteering game, camping, ooking on the fire
Day 3	Kayaking, horseback riding, rock Climbing, camping
Day 4	Crafts, initiative games
Day 5	Trekking in the mountains of Suzhou, finishing ceremony, returning to Shanghai

- Suggested Participants Age: Elementary and Middle School.
- The area offers a wide range of accommodations to suit every preference, from camping under the stars to budget-friendly hostels. Additionally, Cowboy City itself can comfortably accommodate groups of up to 200 participants.

### **COWBOY CITY ADVENTURE**











### YANGSHUO

### 阳朔



Often hailed as China's Outdoor Sports Mecca, Yangshuo is one of the most famous nature destinations in China. It provides a world-class array of outdoor activities with breathtaking scenery around a picturesque village known around the world. Despite its fame, Yangshuo offers an abundance of peace and serenity in an expansive array of charming valleys, serene rivers, and towering karst peaks.

Our program in Yangshuo can be customized to suit any group and is a true lifetime experience.

We have been going to the region for many years and know all the resources very well. Due to its distance from Shanghai and the wealth of activities in the region, we recommend that a trip to Yangshuo be somewhat longer and involve older and more accomplished students who will be able to better take advantage of what the area provides.

## YANGSHUO

• Five to ten days of outdoor and indoor activities including rock climbing, zip line, abseiling, caving, biking, raft building, rafting, trekking, swimming, cooking classes, sightseeing and games.

	Typical schedule for six days
Day 1	Transport to Yangshuo, Team Building Game
Day 2	Bicycle Riding at Yangshuo Countryside, Trekking to Treasure Cave,
	Climbing, Zip-line, Abseiling
Day 3	Climbing Moon Hill, Caving and Nature Study Class, Camping
Day 4	Yoga Class, Micro Expedition
Day 5	Visiting Yangshuo Town, Finishing Ceremony, Transport Back to
	Shanghai

- Suggested Participants Age: Elementary, Middle School, High School.
- For teachers we can arrange accommodations in the near by hostels instead of camping

# YANGSHUO



















# SHANGHAI AREA







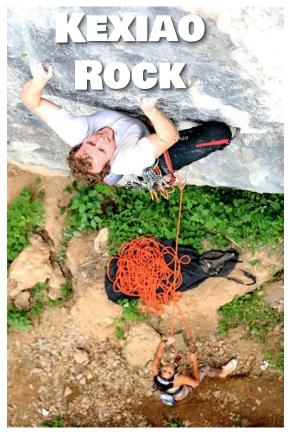




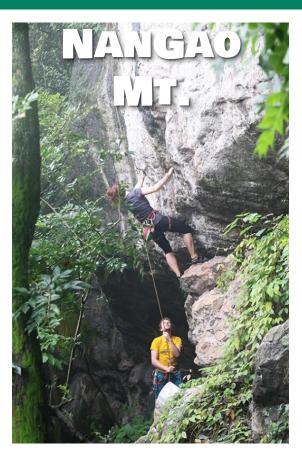


# SHANGHAI AREA









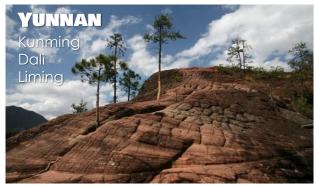


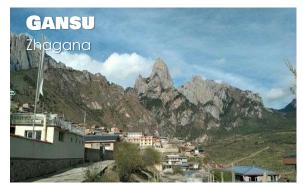
# OTHER AREAS







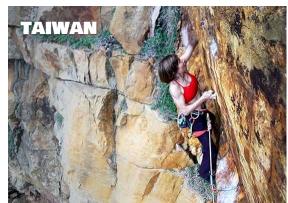
















#### www.factoryclimbing.com

contact@greenstepadventures.com ola@greenstepadventures.com

(+86) 159-0097-2078

(+86) 137-0168-7563

